

Tipple + Rose Tea Menu

NAME	TYPE	CAFFEINE/ ANTIOX	REGION	FLAVOR NOTES + INGREDIENTS	PRICE PER OZ
1. EARL GREY	FLAV. BLACK	MED/HIGH	SRI LANKA (NUWARA ELIYA, DIMBULA)	CLASSIC, BERGAMOT, CORNFLOWER	6.99
2. PROVENCE EARL GREY	FLAV. BLACK	MED/HIGH	SRI LANKA, FRANCE (DIMBULA, PROVENCE)	CORNFLOWERS, TIBETAN LAVENDER, BERGAMOT	6.99
3. RUSSIAN TEA ROOM EARL GREY	FLAV. BLACK	MED/HIGH	SRI LANKA / CHINA (DIMBULA, ANHUI)	SPANISH ORANGE PEEL, THAI LEMONGRASS, ITALIAN BERGAMOT	6.99
4. ROYAL ROSE GARDEN EARL GREY (HOUSE BLEND)	FLAV. BLACK	MED/HIGH	SRI LANKA / KENYA / INDIA	BERGAMOT, ROSEHIPS, ROSE BUDS + PETALS	6.99
5. SCOTTISH BREAKFAST	BLACK	MED/HIGH	INDIA, CHINA (ASSAM, ANHUI)	CLASSIC, CASK OAKINESS	6.99
6. IRISH BREAKFAST CREAM	BLACK	MED/HIGH	INDIA, KENYA (ASSAM, NANDI)	FULL BODIED, CREAMY CARAMEL	6.99
7. ENGLISH BREAKFAST	BLACK	MED/HIGH	SRI LANKA, KENYA, INDIA	CLASSIC LIGHTER BODIED BLACK TEA	6.99
8. YORKSHIRE HARROGATE	BLACK	MED/HIGH	INDIA /CHINA	ASTRINGENT	6.99
9. LADY LONDONDERRY	BLACK	MED/HIGH	SRI LANKA / INDIA	LEMON BALM, STRAWBERRY, CALENDULA	6.99
10. MARGARET'S HOPE (TGFOF) 2 nd FLUSH	DARJEELING	MED/ VERY HIGH	INDIA (DARJEELING)	MUSCATEL, CURRANT NOTES	8.99
11. LINGIA (STGFOF) 2 ND FLUSH	DARJEELING	MED/ VERY HIGH	INDIA (DARJEELING)	FULL BODIED, CLASSIC MUSCATEL	10.99
12. TUKDAH (TGFOF) 1 st FLUSH	DARJEELING	MED/ ULTRA HIGH	INDIA (DARJEELING)	CLASSIC DARJEELING MUSCATEL	8.99
13. UPPER NAMRING (FTGFOF1) 1 st FLUSH	DARJEELING	MED/ ULTRA HIGH	INDIA (DARJEELING)		
14. EARL GREY DARJEELING	FLAV. DARJEELING	MED/ VERY HIGH	INDIA (DARJEELING)		8.99
15. BLUEBERRY DARJEELING	FLAV. DARJEELING	MED/ VERY HIGH	INDIA (DARJEELING)		8.99
16. BLACK PEARL GUNPOWDER	BLACK	MED/HIGH	CHINA (YUNNAN)	HONEYED BURGUNDY	8.99
17. MILIMA (GFBOP)	BLACK	MED/ ULTRA HIGH	KENYA (KERICHO)	BLACK BORDEAUX, MALT	8.99
18. KEEMUN PANDA #1	BLACK	MED/MED	CHINA (ANHUI)	OAK CASK, BURGUNDY	7.99
19. SMOKEY MAPLE	BLACK	MED/HIGH	SRI LANKA (DIMBULA)	REAL MAPLE SYRUP, SAFFLOWER PETALS	7.99
20. ORGANIC RUSSIAN CARAVAN	BLACK	MED/HIGH	INDIA / CHINA	PINE + HICKORY SMOKED	7.99
21. LAPSANG SOUCHONG	BLACK	MED/HIGH	CHINA (FUJIAN)	FIRED OAK, SMOKEY	8.99
22. GOLDEN PU-ERH (5YRS)	PU-ERH (AGED, FERMENTED BLACK TEA)	HIGH/MED	CHINA (YUNNAN)	MUSTY, EARTHY	9.99
23. ORGANIC BLOOD ORANGE GINGER PU-ERH	FLAV. PU-ERH	MED/MED	CHINA (YUNNAN)		9.99
24. ORGANIC EARL GREY CREAM PU-ERH	FLAV. PU-ERH	MED/MED	CHINA (YUNNAN)		10.99

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25. WILD STRAWBERRY	FLAV. BLACK	MED/HIGH	SRI LANKA (DIMBULA, UVA)	STRAWBERRY, PAPAYA, CHAMOMILE FLOWERS	6.99
26. BLUEBERRY MAPLE	FLAV. BLACK	MED/HIGH	SRI LANKA (DIMBULA, UVA)	CORNFLOWER BLACKBERRY LEAVES	6.99
27. BLACK ROSE	FLAV. BLACK	MED/HIGH	SRI LANKA (DIMBULA)	FLORAL, RICH	6.99
28. SUMMER CHERRY CHEESECAKE	FLAV. BLACK	MED/HIGH	SRI LANKA / KENYA INDIA / CANADA		6.99
29. MOROCCAN MINT (FBOP)	FLAV. BLACK	MED/HIGH	INDIA, SRI LANKA (ASSAM, DIMBULA)	MALTY w/ COOLING PEPPERMINT LEAVES	6.99
30. GINGER MANGO	FLAV. BLACK	MED/HIGH	SRI LANKA (DIMBULA, UVA)	FRUITY, SPICY GINGER	6.99
31. LEMON GINGER	FLAV. BLACK	MED/HIGH	SRI LANKA (DIMBULA, NUWARA ELIYA)	THAI GINGER, PINEAPPLE, LIME, LEMON, LEMONGRASS LEAVES, CALENDULA, SUNFLOWER	6.99
32. HONEYED RASPBERRY	FLAV. BLACK	MED/HIGH	SRI LANKA (DIMBULA, UVA)	ROSE, RASPBERRY, STRAWBERRY, and PAPAYA PIECES, CHAMOMILE	6.99
33. JASMINE ORCHARD OOLONG	FLAV. OOLONG	LOW/ HIGH	TAIWAN (TAOYUAN)	MANGO, APPLE, STRAWBERRY, PEACH	7.99
34. EMPRESS OOLONG	FLAV. OOLONG with GREEN TEA	LOW/ VERY HIGH	CHINA (FUJIAN)	GREEN + OOLONG TEAS, AMARANTH, CALENDULA,	9.99
35. SATSUMA ORANGE OOLONG	FLAV. OOLONG	LOW/ HIGH	CHINA (FUJIAN)	ORANGE BLOSSOM	7.99
36. GEORGIA PEACH OOLONG	FLAV. OOLONG	LOW/ VERY HIGH	CHINA, USA (HUNAN)	PLUM, PEACH, SUNFLOWER PETALS	7.99
37. SPRING POUCHONG OOLONG	OOLONG	LOW/HIGH	TAIWAN (TAOYUAN)	PREMIUM: LIGHT, ASTRINGENT (RARE)	11.99
38. IRON GODDESS	OOLONG	LOW/HIGH	CHINA (FUJIAN)	CLASSIC ORCHID	7.99
39. NARCISSUS OOLONG	OOLONG	LOW/HIGH	CHINA (FUJIAN)	PONDICHERRY PEPPER, FLORAL	7.99
40. QUANGZHOU MILK	OOLONG	LOW/HIGH	CHINA (FUJIAN)	PREMIUM	11.99
41. EARL GREEN CREAM	FLAV. GREEN	LOW/HIGH	SRI LANKA (UVA)	CEYLON, BERGAMOT	6.99
42. SHANGHAI LYCHEE JASMINE	FLAV. GREEN	LOW/HIGH	CHINA (HUNAN)	FLORAL, SMOOTH	6.99
43. SUMMER IN PROVENCE	FLAV. GREEN	LOW/HIGH	KENYA, MALAWI, NEPAL, SRI LANKA	JASMINE, LAVENDER, ROSE, CORNFLOWER	6.99
44. GREEN BLUEBERRY	FLAV. GREEN	LOW/HIGH	SRI LANKA		6.99
45. CUCUMBER MELON	FLAV. GREEN	LOW/HIGH	CHINA (HUNAN)		6.99
46. GREEN LEMON	FLAV. GREEN	LOW/LOW	SRI LANKA	LEMON, LIME, MARIGOLD, CALENDULA, SUNFLOWER	6.99
47. IMPERIAL DRAGONWELL	GREEN	LOW/ VERY HIGH	CHINA (ZHEJIANG)	PREMIUM: FULL BODIED, ASTRINGENT	10.99

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48. LUCKY DRAGON HYSON	GREEN	LOW/ VERY HIGH	CHINA (ANHUI)	CLASSIC GREEN	6.99
49. HOJICHA	GREEN	LOW/HIGH	JAPAN	TOASTED	6.99
50. KUKICHA (Unroasted)	GREEN	LOW/HIGH	JAPAN	VEGETAL MALT	
51. SENCHA KAKAGAWA	GREEN	LOW/HIGH	JAPAN	CLASSIC GREEN	
52. FORMOSA GUNPOWDER	GREEN	LOW/HIGH	JAPAN	VEGETAL SMOKINESS	6.99
53. GYOKURO	GREEN	LOW/HIGH	JAPAN	SHADE GROWN, VEGETAL, SEAWEED	9.99
54. PEACH APRICOT	FLAV. WHITE	LOW/HIGH	CHINA (FUJIAN)		9.99
55. MANGO OASIS	FLAV. WHITE	LOW/HIGH	CHINA (FUJIAN)		9.99
56. PAI MU TAN	WHITE	LOW/ VERY HIGH	CHINA (FUJIAN)	LIGHT, JAMMY NOTES, WHITE BORDEAUX	8.99
57. SILVER MOONLIGHT WILD WHITE	WHITE	LOW/HIGH	CHINA (FUJIAN)	CLASSIC, "TOASTED ALMOND" DOES NOT CONTAIN NUTS	8.99
58. KENYAN NANDI	WHITE	LOW/ VERY HIGH	KENYA (NANDI HIGHLANDS)	PREMIUM: BUTTERY MOUTHFEEL	10.99
59. ROSE GOLD (HOUSE BLEND)	FLAV. WHITE	LOW/HIGH	CHINA (FUJIAN)	ROSE, LEMON, SUGAR PEARLS	8.99
60. ORGANIC EARL GREY CREAM	FLAV. BLACK	MED/ VERY HIGH	SRI LANKA (DIMBULA)	BERGAMOT, SWEET OSMANTHUS	8.99
61. ORGANIC ASSAM (TGFOP)	BLACK	MED/ VERY HIGH	INDIA (ASSAM)	CLASSIC MALT	8.99
62. ORGANIC CEYLON	BLACK	MED/HIGH	SRI LANKA	DARK FLORAL NOTES	8.99
63. ORGANIC KYOTO CHERRY ROSE	FLAV. GREEN	LOW/HIGH	CHINA (HUNAN)	FLORAL, LIGHT FRUIT	8.99
64. ORGANIC GENMAICHA	GREEN	LOW/HIGH	JAPAN	TOASTED RICE	8.99
65. ORGANIC ROASTED MATE	MATE	MED/ VERY HIGH	BRAZIL (PARANA)	COFFEE NOTES	7.99
66. ORGANIC GREEN YERBA MATE	MATE	MED/ VERY HIGH	BRAZIL (PARANA)	VEGETAL	7.99
67. ORGANIC LEMON MATE	MATE	MED/ VERY HIGH	BRAZIL (PARANA)	BRIGHT LEMON, VEGETAL	7.99
68. ORGANIC GREEN ROOIBOS	ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDEBERG)	VEGETAL, NUTTY	7.99
69. ORGANIC ROOIBOS	ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDERBERG)	SUBTLE FRUITY, SWEET NOTES	6.99
70. TANGERINE DREAM HONEYBUSH	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDERBERG)	HONEYBUSH LEAVES, GREEN ROOIBOS, PEACH, TANGERINE	6.99
71. THAI GINGER LEMON ROOIBOS	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDERBERG)	GINGER, PINEAPPLE, LIME, CALENDULA, LEMONGRASS	6.99
72. ROYAL WEDDING	FLAV. ROOIBOS w/ BLACK TEA	LOW/LOW	SOUTH AFRICA (CEDERBERG)	BLACK TEA, ROOIBOS, APPLES, WILD ROSEBUDS, JASMINE	6.99
73. PROVENCE ROOIBOS	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDERBERG)	ROSEHIPS, ROSES, LAVENDER, ELDERBERRY, BLUEBERRY	6.99
74. BOURBON VANILLA	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDERBERG)	**CONTAINS ALMONDS**	6.99
75. EARL GREY ROOIBOS	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA		6.99

			(CEDERBERG)		
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76. MASALA ROOIBOS CHAI	FLAV. ROOIBOS CHAI	NONE/LOW	SOUTH AFRICA (CEDERBERG)	CLOVE, NUTMEG, BLACK + WHITE PEPPER, CINNAMON, GINGER, CARDAMOM	6.99
77. COCHIN MASALA CHAI	BLACK CHAI	MED/HIGH	INDIA, SRI LANKA (KERALA, DIMBULA)	CLOVE, NUTMEG, BLACK + WHITE PEPPER, CINNAMON, GINGER, CARDAMOM, BLACK TEA	6.99
78. THAI CHAI	BLACK CHAI	MED/HIGH	INDIA / KENYA (ASSAM, KERALA / NANDI HIGHLANDS)	THAI LEMONGRASS, GINGER, CINNAMON, CARDAMON, BLACK + WHITE PEPPER, CLOVE, NUTMEG	6.99
79. VANILLA CHAI	BLACK CHAI	MED/HIGH	INDIA (ASSAM, KERALA)	GINGER, CINNAMON, CARDAMOM, BLACK + WHITE PEPPER, CLOVE, NUTMEG	6.99
80. GENMAICHA CHAI	GREEN CHAI	LOW/LOW	CHINA, INDIA (ZHEJIANG, KERALA)	POPPED RICE, GREEN TEA, GINGER, CINNAMON, CARDAMOM, BLACK + WHITE PEPPER, CLOVE, NUTMEG	6.99
81. SUMMER APPLE CHAI	HERBAL CHAI	NONE/LOW	TURKEY / EGYPT / CHILE / INDIA	APPLE, CINNAMON, HIBISCUS, GINGER, CARDAMOM, CLOVE, PEPPER, CORNFLOWER PETALS **CONTAINS STEVIA LEAVES**	6.99
82. LEE'S TEA	HERBAL FRUIT	NONE/LOW	VARIOUS	STRAWBERRY, KIWI, APPLE, ROSEHIPS	6.99
83. DREAMSICLE	KID'S TEA HERBAL FRUIT	NONE/LOW	VARIOUS	APPLE, ORANGE, HIBISCUS, VANILLA	6.99
84. THREE FLOWER BURST	GREEN FLOWERING TEA	LOW/ VERY HIGH	CHINA (FUJIAN)	PREMIUM: CHRYSANTHEMUM, LILY PETALS, JASMINE, OSMANTHUS BLOSSOM	3.99/ PIECE

Tipple + Rose Seasonal Tea Menu - Spring/Summer

NAME	TYPE	CAFFEINE/ ANTIOX	REGION	FLAVOR NOTES and/or INGREDIENTS	PRICE PER OZ
A. NEW ORLEANS BLEND	FLAV. PU-ERH	MED/LOW	CHINA/ COLUMBIA/ CANADA/EGYPT	COFFEE, COCOA BEAN, CHICORY **CONTAINS ALMONDS**	7.99
B. PINK GRAPEFRUIT	FLAV. BLACK	MED/MED	SRI LANKA / KENYA/ INDIA	GRAPEFRUIT, ORANGE, PAPAYA, SAFFLOWER	6.99
C. MORNING, SUNSHINE!	FLAV. BLACK	MED/HIGH	SRI LANKA/KENYA (DIMBULA, NANDI HIGHLANDS)	PAPAYA, JASMINE, CALENDULA, SUNFLOWERS	6.99
D. LEMON CAKE	FLAV. BLACK	MED/HIGH	SRI LANKA, KENYA, INDIA, THAILAND	LEMON, CURRANTS, LEMONGRASS, TANGERINE	6.99
E. PEACH MAPLE BOURBON	FLAV. BLACK	MED/HIGH	SRI LANKA / KENYA	MANGO, PEACH, LILY + RED PLUM PETALS	6.99
F. DARJEELING APRICOT PEACH	DARJEELING				
G. DARJEELING STRAWBERRY	DARJEELING				
H. KAMA SUTRA CHAI	BLACK CHAI	MED/HIGH	INDIA / THAILAND CHINA / EGYPT / FRANCE	GINGER, CARDAMOM, BLACK + WHITE PEPPER, CLOVE, NUTMEG, JASMINE, ROSE, LAVENDER	6.99
I. WATERMELON COOLER	FLAV. OOLONG	LOW/ VERY HIGH	SRI LANKA (DIMBULA, UVA)		7.99
J. ST. JAMES STRAWBERRY	FLAV. OOLONG	LOW/ VERY HIGH	SRI LANKA (DIMBULA, UVA)	STRAWBERRY, PAPAYA PIECES	7.99
K. CHATEAU ROSÉ	FLAV. OOLONG with GREEN TEA	LOW/HIGH	CHINA (FUJIAN)	HIBISCUS, ROSEHIP, ROSE	7.99
L. GREEN SUMMER APPLE	FLAV. GREEN	LOW/HIGH	INDIA / CHINA (NILGIRI/HUNAN)	APPLE PIECES, TAMARIND LEAVES	6.99
M. PEACHY GREEN	FLAV. GREEN	LOW/HIGH	INDIA / CHINA		6.99
N. BOHEMIAN RASPBERRY	FLAV. GREEN	LOW/HIGH	CHINA (FUJIAN)		6.99
O. ORGANIC GRAPEFRUIT ROSE	FLAV. GREEN	LOW/HIGH	CHINA (FUJIAN)		7.99
P. BLUEBERRY LEMON LAVENDER (HOUSE BLEND)	FLAV. WHITE	LOW/HIGH	CHINA (FUJIAN)		7.99
Q. RASPBERRY BERET	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA (CEDERBERG)		6.99
R. ORGANIC ANDALUSIAN LEMON LAVENDER (HOUSE BLEND)	FLAV. ROOIBOS	NONE/LOW	SOUTH AFRICA / FRANCE	ALL ORGANIC: LEMONGRASS, TIBETAN LAVENDER	6.99
S. SUMMER ORCHARD CHAI	HERBAL FRUIT CHAI	NONE/LOW	TURKEY / EGYPT / CHILE / INDIA	APPLE, HIBISCUS, ROSEHIPS, CINNAMON, GINGER, CARDAMOM, BLACK + WHITE PEPPER, CLOVE, NUTMEG	6.99
T. BIG BANG BLUEBERRY	HERBAL FRUIT	NONE/LOW	SOUTH AFRICA / EGYPT / TURKEY/ GREECE/ ALBANIA	HIBISCUS, APPLE, ELDERBERRIES, CURRANTS	6.99

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U. ANGEL WINGS	HERBAL FRUIT	NONE/LOW	CHILE (PATAGONIA) / EGYPT (FAYOUM)/ THAILAND (PETCHABUN)	APPLE PIECES, HIBISCUS, ROSEHIPS, ORANGE PIECES, CALENDULA	6.99
V. LEMON MANGO PUNCH	HERBAL FRUIT	NONE/LOW	CANADA / USA / THAILAND / SPAIN	LEMON, MANGO, HIBISCUS, APPLES	6.99
W. PEACH ICE CREAM	HERBAL FRUIT	NONE/LOW	CANADA / USA / THAILAND / SPAIN	APPLE, ROSEHIP, HIBISCUS, PEACH PIECES, CHAMOMILE	6.99
X. ORGANIC RASPBERRY LEMONADE	HERBAL FRUIT	NONE/LOW	CANADA / USA THAILAND / SPAIN	ALL ORGANIC: APPLE, HIBISCUS, ROSEHIPS, LEMON PEEL, CHAMOMILE, CORNFLOWER, STRAWBERRY + RASPBERRY PIECES	6.99
Y. LIME GELATO	HERBAL FRUIT	NONE/LOW	TURKEY / CHILE EGYPT / CHINA THAILAND	APPLE, HIBISCUS, LIME, LEMON, LIME LEAVES, ROSEHIP, PEPPERMINT LEAVES	6.99
Z. SANGRIA	HERBAL FRUIT	NONE/LOW	TURKEY / CHILE EGYPT / THAILAND	APPLE, HIBISCUS, ROSEHIPS, BEET PIECES	7.99
S1. FARMER'S MARKET	HERBAL FRUIT	NONE/LOW	CANADA / USA THAILAND / SPAIN	CUCUMBER, ORANGE, APPLE, ROSEHIP, TOMATO, LEMON, LIME, HIBISCUS	6.99
S2. IN THE TROPICS	HERBAL FRUIT	NONE/LOW	TURKEY / CHILE EGYPT / CHINA THAILAND	HIBISCUS, PAPAYA, PINEAPPLE, ORANGE, APPLE, ROSEHIPS	6.99

**CHECK OUT OUR ASSORTMENT OF
COLD BREW AND ICED TEA PITCHERS!**

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W1. AYURVEDIC CALMING	WELLNESS HERBAL	NONE/LOW	RELAXATION, MEDITATION	ROOIBOS, LAVENDER, NETTLE, RASPBERRY, LICORICE ROOT, ANISE, CARDAMOM, CLOVE, SAFFLOWER, CALENDULA	8.99
W2. AYURVEDIC TOTAL BODY WELLNESS TEA	WELLNESS HERBAL	NONE/LOW	VARIOUS	ROOIBOS, GINGER, ROSE, HIBISCUS, PEPPERMINT, SPEARMINT, OSMANTHUS	8.99
W3. AYURVEDIC REFRESH	WELLNESS HERBAL	NONE/LOW	DETOX, DIGESTION	GINGER, LICORICE, TULSI (HOLY BASIL) DANDELION LEAVES, BURDOCK ROOT, ROSE PETALS, ELDERFLOWERS	8.99
W4. BERRY DEFENSIVE	WELLNESS HERBAL	NONE/LOW	IMMUNITY	ELDERBERRY, ROSEHIP, CURRANT, ORANGE, RASPBERRY, BLUEBERRY	8.99
W5. POET'S WELLNESS	WELLNESS HERBAL	NONE/LOW	RELAXATION	ALMOND PIECES, CALENDULA, CHAMOMILE, LAVENDER, ROOIBOS	8.99
W6. WELLNESS ENERGY	WELLNESS HERBAL	MED/MED	ENERGIZING	GREEN MATE, LEMONGRASS, SPEARMINT, GINGKO, NETTLE, GINSENG, CALENDULA,	8.99
W7. BALANCE WELLNESS	WELLNESS HERBAL	NONE/LOW	CIRCULATION	ROOIBOS, NETTLE, ROSEHIPS, CLOVE, RASPBERRY LEAVES, LICORICE ROOT, ANISE, CARDAMOM, CALENDULA,	8.99
W8. POWER UP	YERBA MATE	MED/MED	ENERGY	MORINGA, MATE, LEMON, CINNAMON, ORANGE, BUTTERFLY BLUE PEA FLOWERS, SAFFLOWER	8.99
W9. ORGANIC TURMERIC GINGER PEACH	ORGANIC BLACK TEA	MED/MED	INFLAMATION, DIGESTION		9.99
W10. STRAWBERRY FIELDS	GREEN TEA / YERBA MATE	MED / VERY HIGH	MORNING OR MID- DAY ENERGY BOOST	GREEN TEA, GREEN YERBA MATE, GYNOSTEMMA LEAVES, PAPAYA, STRAWBERRY	8.99
W11. LEMON GINGER TONIC	WELLNESS HERBAL	NONE/LOW	SUMMER COLDS, IMMUNE SUPPORT	LEMON, THAI GINGER, MARIGOLD PETALS, SAFFLOWER PETALS	8.99
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W12. SPRING CLEANING	WELLNESS HERBAL	NONE/LOW	BOWEL IRREGULARITY	APPLE PIECES, HIBICUS, ROSEHIP **CONTAINS SENNA**	8.99
W13. RAGATI PURPLE TEA	BLACK TEA	HIGH/MED	CONTAINS ANTHOCYANINS WHICH ARE ANTIDIABETIC, ANTICANCER, ANTI-INFLAMMATORY	CLOSE TO OOLONG, NOT AS VEGETAL AS GREEN (GROWN IN KENYA)	8.99
W14. STUDY BUDDY	GREEN MATE/ HERBAL	MED/LOW	FOCUS, ENERGY	GREEN YERBA MATE , APPLE, ROSEHIPS, ORANGE, HIBISCUS, ROSEMARY	8.99
W15. NIGHTY NIGHT	HERBAL	NONE/LOW	RELAXATION, TROUBLE SLEEPING	VALERIAN ROOT , LEMONGRASS, PEPPERMINT, CHAMOMILE, ROSEHIP, HIBISCUS, SPEARMINT, CORNFLOWER	8.99
W16. SPRING MORNINGS	GREEN MATE/ WELLNESS HERBAL	MED/ VERY HIGH	ENERGY, FOCUS	GREEN YERBA MATE , GYNOSTEMMA, SPEARMINT	8.99
W17. SUMMER NIGHTS	WELLNESS HERBAL	NONE/LOW	SLEEP, RELAXATION	CHAMOMILE, ROOIBOS	8.99
W18. SLEEP TIGHT	WELLNESS HERBAL	NONE/LOW	RELAXATION, TROUBLE SLEEPING	VALERIAN ROOT APPLE, LAVENDER, CHAMOMILE, ST. JOHN'S WORT, LEMON BALM, LICORICE, FENNEL, PEPPERMINT,	8.99
W19. HANGOVER HELPER	WELLNESS HERBAL	NONE/LOW	NAUSEA	TOMATO, GINGER, BEET, HIBISCUS, CARDAMOM, CINNAMON, BLACK + WHITE PEPPER, CLOVE, NUTMEG	8.99
W20. GET AHEAD OF IT	HERBAL/TISANE	NONE/LOW	HEADACHE RELIEF	ROOIBOS, SPEARMINT, LEMONGRASS, NETTLE, LAVENDER, PASSIONFLOWER, LEMON VERBENA, PLUM PETALS, MALLOW PETAL, WILLOW BARK	8.99
W21. THE MATRIX	WELLNESS HERBAL	NONE/LOW	WOMEN'S HEALTH	GINGER, ROSEHIP, PEPPERMINT, SPEARMINT, RASPBERRY LEAVES, CHAMOMILE, NETTLE, ROSE LIME LEAVES, LEMONGRASS, CALENDULA, MARIGOLD	8.99
W22. GLOW UP	HERBAL	NONE/LOW	SKIN HEALTH	GINGER, TURMERIC ROOT, CARROT, BEET, PINEAPPLE, CALENDULA	9.99
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W23. BELLY BE CALM	HERBAL/TISANE	NONE/LOW	DIGESTION	GINGER, PEPPERMINT, CINNAMON, CARDAMOM, LEMON BALM, LICORICE, FENNEL, BURDOCK	8.99
W24. STRETCH IT OUT	HERBAL/TISANE	LOW/LOW	INFLAMMATION, INFLEXIBILITY	APPLE, TURMERIC, POMEGRANATE, FENUGREEK SEEDS, EUCALYPTUS, SAGE, ST. JOHN'S WORT, ROSEMARY, SEA BUCKTHORN, JASMINE, SAFFLOWER	8.99
W25. CTFO BLEND	HERBAL/TISANE	NONE/LOW	RELAXATION	APPLE, LEMON VERBENA, LEMONGRASS, HIBISCUS, LEMON PEEL, RASPBERRY, CORNFLOWERS	8.99
W26. CHERRY CHILL OUT	HERBAL/TISANE	NONE/LOW	ADAPTOGENIC RELAXATION	ASHWAGANDHA ROOT, APPLE, ELDERFLOWER PETALS, CRANBERRY PIECES	8.99
W27. GUT FEELING	BLACK TEA	LOW/HIGH	DIGESTION	BLACK TEA , APPLE, GINGER, TURMERIC, DANDELION LEAVES, SAFFLOWER, PEACH	8.99
W28. STRESS (A LITTLE) LESS	GREEN TEA	LOW/HIGH	RELAXATION, STRESS REDUCTION	CONTAINS BEE POLLEN , TIBETAN LAVENDER	8.99
IN THE APOTHECARY	FORM	CAFFEINE/ANTIOX	HELPS WITH**	FLAVOR NOTES	PRICE PER OZ
EGYPTIAN CHAMOMILE	FLOWER	NONE/LOW	RELAXATION		6.99
ORGANIC KHARTOUM HIBISCUS	FLOWER	NONE/LOW	HIGH VITAMIN C HIGH BLOOD PRESSURE	TART + TANGY	6.99
RASPBERRY LEAF	LEAVES	NONE/LOW	MENSTRUAL TROUBLES, MORNING SICKNESS	VEGETAL	6.99
ORGANIC WILLAMETTE PEPPERMINT	LEAVES	NONE/LOW	IBS, NAUSEA	SUGGESTION: ADD TO CHAMOMILE	5.99
ORGANIC TIBETAN LAVENDER	FLOWER	NONE/LOW	RELAXATION, ANXIETY, RESTLESSNESS	SUGGESTION: Take some home + add to a soothing bath	6.99
LEMONGRASS	LEAVES	NONE/LOW	DIGESTION, HIGH BLOOD PRESSURE,		6.99
ROSEHIPS	FRUIT	NONE/LOW	IMMUNE BOOSTER	LIGHT + FRUITY	6.99
ELDERBERRY	BERRY	NONE/LOW	IMMUNE BOOSTER	RICH + FRUITY	6.99
CHRYSANTHEMUM	FLOWER	NONE/LOW	ACNE, FLU	PUNGENT, FLORAL	10.99
IN THE APOTHECARY	FORM	CAFFEINE/ANTIOX	HELPS WITH**	FLAVOR NOTES	PRICE PER OZ

ORGANIC NETTLE	LEAVES	NONE/LOW	ASTRINGENT, DIURETIC	DRY, HERBACEOUS	5.99
DANDELION LEAF	LEAVES	NONE/LOW	URINARY PROBLEMS, LIVER,	DRY, HERBACEOUS, BITTER	5.99
ORGANIC ROSE BUDS + PETALS	FLOWER	NONE/LOW	MENSTRUAL IRREGULARITIES	ASTRINGENT FLORAL	5.99
ORGANIC SPEARMINT	LEAVES	NONE/LOW	DIGESTION, FLATULENCE		5.99
EUCALYPTUS	HERB/LEAVES	NONE/LOW	RESPIRATORY		5.99
SNOW CHRYSANTHEMUM (SNOW DAISY)	FLOWERS	NONE/LOW	BLOOD SUGAR, HIGH CHOLESTEROL	EARTHY	8.99
LICORICE ROOT	HERB/ROOT	NONE/LOW	DIGESTION	BITTER-SWEET	5.99
MARSHMALLOW ROOT	HERB/ROOT	NONE/LOW	DRY COUGH	WOODY	5.99
JASMINE FLOWERS	FLOWERS	NONE/LOW	LIVER, RELAXATION		5.99
GINGKO LEAVES	HERB/LEAVES	NONE/LOW	DEMENTIA	BITTER	5.99
ORGANIC SLIPPERY ELM	HERB/BARK	NONE/LOW	SORE THROAT	“SWEET”	6.99
ORGANIC WILD PAU D'ARCO	HERB/BARK	NONE/LOW	BOWEL ISSUES	FLORAL, WOODSY	6.99
ORGANIC ECHINACEA ANGUSTIFOLIA	HERB	NONE/LOW	IMMUNITY		6.99
ORGANIC ROASTED DANDELION	ROOT	NONE/LOW		BITTER, WOODY	6.99
ORGANIC DRIED GINGER	HERB/ROOT	NONE/LOW	LIVER, NAUSEA		6.99
ORGANIC ASTRALAGUS ROOT	HERB/ROOT	NONE/LOW	IMMUNITY, DIABETES		6.99
ORGANIC GUAYASA	LEAVES	MED/HIGH	ENERGY		6.99
ORGANIC TULSI RAMA	LEAVES	NONE/LOW	METABOLISM	“CLOVE”	6.99
ORGANIC TULSI KRISHNA	LEAVES	NONE/LOW	METABOLISM	PEPPERY	6.99
ORGANIC TULSI VANA	LEAVES	NONE/LOW	METABOLISM	ANISE, LICORICE	6.99
ORGANIC LINDEN FLOWERS	FLOWERS	NONE/LOW	EXPECTORANT		6.99
MILK THISTLE	SEEDS	NONE/LOW	LIVER		6.99
ORGANIC GUARANA SEEDS	SEEDS	HIGH/HIGH	ENERGY	EARTHEN FRUIT	6.99
SPIRULINA	LEAVES	NONE/MED	ANTI- INFLAMMATORY	MILD SALT	5.99
BUTTERFLY PEA FLOWER	FLOWERS	NONE/LOW	SKIN HEALTH	FLORAL	5.99

DIGESTION/NAUSEA: W2, W3, W19, W23, W27, PEPPERMINT, GINGER

ENERGY: W6, W10, W16, W20, MATE, GREEN TEA, GUAYASA, GUARANA SEEDS

RELAXATION/STRESS RELIEF: W1, W5, W15, W17, W18, W25, W26, W28, CHAMOMILE, ASHWAGHANDA, LAVENDER

SLEEP AID: W5, W15, W17, W18, CHAMOMILE, VALERIAN ROOT, LAVENDER

IMMUNITY: W4, W9, W11, ECHINACEA, GINSENG, TURMERIC

ARTHRITIS/INFLAMMATION: W9, W13, W22, W24, TURMERIC

WEIGHT CONTROL/METABOLISM: W12, TULSI VANA, TULSI KRISHNA, TULSI RAMA

DETOX: W3, W12, DANDELION ROOT, DANDELION LEAVES, GINGER, ROSE PETALS

WOMEN'S HEALTH: W2, W21, RASPBERRY LEAVES, ROSE PETALS

TURMERIC: W9, W22, W24, W27, ORGANIC TURMERIC ROOT

MINT: W2, W6, W15, W16, W18, W21, W23, ORGANIC WILLIAMETTE PEPPERMINT, ORGANIC ST. HELEN SPEARMINT

GINGER: W2, W3, W4, W9, W19, W22, W23, W27, GINGER ROOT

CHAMOMILE: W5, W15, W17, W18, ORGANIC EGYPTIAN CHAMOMILE

DANDELION: W3, W27, DANDELION LEAVES

LAVENDER: W1, W5, W18, W28, ORGANIC TIBETAN LAVENDER

****These statements have not been approved by the FDA. Please consult with your physician if you are on prescribed medications. Please take extra caution and consult your physician if you are pregnant, planning on becoming pregnant, or are breastfeeding.**

TEA MENU CHEAT SHEET

FRUITY BLACK/PU-ERH: B, C, D, E, F, G, 14, 15, 24, 25, 26, 27, 28, 30, 31, 32

FRUITY OOLONG: I, J, K, 33, 35, 36

FRUITY GREEN: L, M, N, O, 44, 45, 46, 63

FRUITY WHITE: P, 54, 55, 59

FRUITY UNCAFF (ROOIBOS): Q, R, 70, 71 (HERBAL FRUIT) S, T, U, V, W, X, Y, Z, S1, S2, 81, 82, 83

FLORAL BLACK: 2, 4, 27 -- FLORAL OOLONG: K, 33, 34

FLORAL GREEN: O, 42, 43 -- FLORAL WHITE: P, 59

FLORAL UNCAFF/ROOIBOS: R, 73 -- FLORAL UNCAFF/WELLNESS: W2, W3, W7, W20,

EARL GREY: 1, 2, 3, 4, 14, 24, 41, 60, 75

MINT: BLACK - 28 -- MINT UNCAFF WELLNESS: W2, W6, W15, W16, W18, W21, W23

CHAI CAFFEINATED: H, 77-80 / CHAI UNCAFFEINATED: S, 76, 81 (ALL CHAI HAVE GINGER + CINNAMON)

GINGER: (ALL CHAI) and 30, 31, 71 -- GINGER WELLNESS: W2, W3, W9, W11, W19, W21, W23, W27

TOASTED/COFFEE/SMOKEY/MALT: A, 16, 17, 19, 20, 21, 22, 61, 64, 65

CITRUS: (GRAPEFRUIT): B, O - (LEMON): D, P, R, V, 31, 46, 59 - (ORANGE): U, 35, 70, 83, W8 - (LIME) :Y

FRUIT: (PEACH/APRICOT) E, F, M, W, 36, 54, W9 - (MANGO): V, 33, 55 - (PAPAYA/PINEAPPLE) B, S2,32

BERRIES: (RASPBERRY): N, X, 32 - (STRAWBERRY): G, J, 9, 25, 82 - (BLUEBERRY): P, T, 15, 26, 44

FLORAL: (JASMINE) 42, 43 - (LAVENDER): P, 43, 72, 73, 84 - (ROSE): H, K, P, 4, 27, 43, 59, 63, 72, 73

ALMOND/PECAN/NUT OILS: 21, 74, W5

ORGANICS: O, R, X, 20, 23, 60-69

CLASSIC BLACK (UNFLAVORED): 5-8, 16, 17, 18, 61, 62

ALL PU-ERH: A, 22, 23, 24

ALL OOLONG: I, J, K, 33-40

ALL GREEN: L, M, N, O, 41-53, W28

ALL WHITE: P, 54-59

ALL DARJEELING: F, G, 10-15

ALL ROOIBOS: Q, R, 68 -76, W1, W2, W5, W17

ALL MATE + MATE BASED: 65, 66, 67, W6, W8, W14, W16